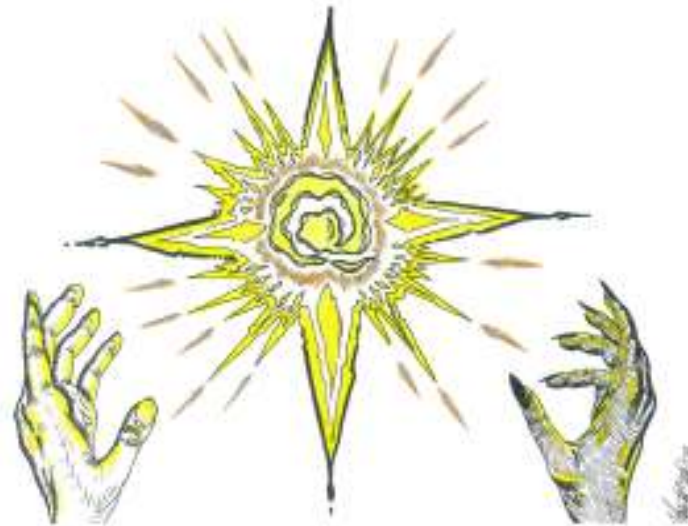




bridgeways

community connections for success

## 2006 ANNUAL REPORT



*“Let’s Touch the Light” by Matthew Good*

# Leadership

## Board of Trustees

Vera Wildauer	President & Chair, Public Relations Committee
Paul Dennis	Vice President & Chair, Facilities Committee
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Kathie Marr	Chair, Human Resources Committee
William DeGrootd	Chair, Manufacturing Committee
Dr. Sheldon Kleine	Chair, Clinical Committee

## Leadership Team

Donna Konicki	Executive Director
Charles (Al) Hayden	Director of Manufacturing
Nathalie Gauteron	Clinical Director
Marilyn Baker	Housing & Facilities Manager
Randy Wood	Controller
Inga Paige	Director of Fund Development
Terry Castle	Production Manager
Cathy Papp	Clinical Supervisor



*Left to Right: Kelly, Marr, Kleine, Dennis, DeGrootd*



*Board President: Vera Wildauer*

# Bridgeways Mission

## About the Cover - "Let's Touch the Light"

Bridgeways client, Matthew Good, whose art is featured on the cover, is just one of the success stories we celebrate. Since late 2003, Matthew has participated in a variety of programs to help get on the road to recovery. For a time he lived at Everett Madison House and took part in various client-run groups and life skills classes at the drop-in center.

He is now employed in Bridgeways' production shop and lives independently in his own apartment. With the multi-faceted support Bridgeways offers, Matthew can pursue his aspirations. His goal is to produce art and graphics for CD covers. You can see his art at [www.bridgeways.org](http://www.bridgeways.org) or in the lobby at Everett Madison House.



## Mission Statement:

Bridgeways strives to provide mental health services that promote quality-of-life satisfaction for individuals who live with chronic mental illness. We do this in a manner that facilitates growth, independence, and a sense of community for each person we serve, and are guided by the following principles:

- Every client served will be treated with respect and dignity.
- Services will be provided in a manner that is culturally sensitive, age appropriate, and linguistically appropriate.
- Services will promote independence and build on individual strengths.
- Services will promote development of natural supports.
- Client voice will be heard.
- Client satisfaction is important.
- Recovery is the ultimate goal for our clients.

## Message from the Executive Director



In October of 2006, Bridgeways marked its 25th anniversary of helping adults with severe and persistent mental illness. During that time the agency has undergone a variety of changes, evolving to meet the needs of our community.

### Getting the Word Out

Until recently, Bridgeways might have been the best kept secret in Snohomish County. This past year has allowed us to make our clients' voices heard. One of our long time clients, Mike Sursely, was elected to the Snohomish County Advisory Council. Matthew Good, featured on this report's cover, was profiled on the front page of the Everett Herald. Success stories like these remind us how people can take charge of their recovery with the right level of support provided with dignity and respect.

### Addressing Homelessness

One of the most important aspects of that support is having a secure home. Statistics show that many of the homeless in our community suffer from mental illness. At Bridgeways, we continue to look for ways to address that problem and share our knowledge. Our innovative 'Unit 9' program—a short

term housing solution for clients just discharged from Western State Hospital—was recognized in the 2006 Membership Guide of the Housing Consortium of Everett and Snohomish County. We've hosted lunches for local landlords and presented to the Everett Area Apartment Managers Council. Our objective is to help potential landlords understand the high level of support we provide in assisting our clients to live independently as responsible tenants. We sit on the Snohomish County Homeless Policy Task Force, helping bring our specific perspective to this very critical issue.

### Getting to Work

Having a job is another important way people can build on their recovery. The Bridgeways production shop offers a supportive environment in which clients can learn useful job skills and earn competitive wages. Our solid reputation for quality and service has also allowed us to expand our manufacturing customer base. The increased revenue helps to fund our clinical programs and bring in new types of work, encouraging a broader range of our clients to participate in that vital aspect of life and recovery.

## Increasing Clinical Support

In the clinical area we've developed an important niche with our High Intensity Treatment (HIT) program. Designed for clients with the most severe mental illness, it provides for low patient to clinician ratios, intensive case management and medication monitoring at the client's home. We also involve a variety of community members as needed. This highly personalized and client-centered program allows even the most severely affected individuals to function in the community, rather than face institutionalization or, worse yet, incarceration. Over half of our clients are in this program.

Providing these high intensity life enhancing services requires continued support. While we get much of it from our manufacturing revenue and government funding, grants and donations are increasingly important to ensure a stable base. In 2006, we were grateful to receive cash contributions and grants, as well as in-kind donations for things as wide-ranging as quarterly paper product donations from Kimberly Clark, to a copy machine. A new partnership with the Volunteers of America provides us with a monthly food donation for our drop-in center. With a generous grants from Boeing we were able to buy a new van to pick-up and deliver work to our

manufacturing customers and provide needed transportation for clients. A generous donation from a single individual enabled us to purchase new workbenches and upgrade our production shop.

These are just a few examples of the impact the community's generosity has had on our clients' lives. On the last page, you'll find a complete list of all our generous supporters to whom we extend our sincere thanks.

I would also like to recognize and thank our Board of Trustees as well as the leadership and staff of Bridgeways. These dedicated community leaders and professionals have made Bridgeways what it is today: an agency that stands apart from the rest dedicated to providing high quality, recovery-based services.

Donna Konicki  
Executive Director

# Services

**Housing** Bridgeways owns two apartment buildings where clients can live independently. We also work with local property managers to develop other housing in the community. For clients who are just exiting Western State Hospital, we provide short term housing until a permanent solution can be located.

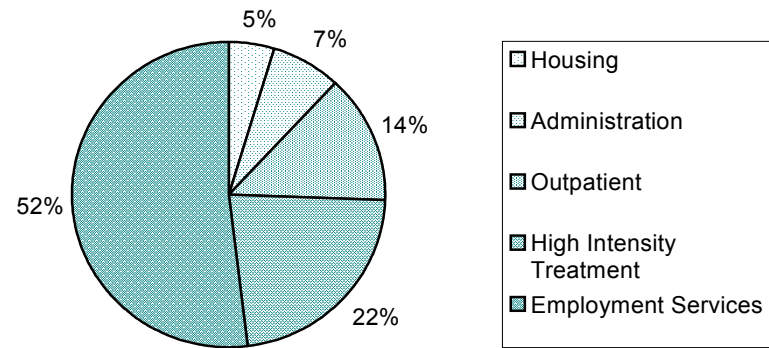
**Outpatient** We provide outpatient case management and a drop-in facility with various client-run groups to further personal growth and life skills.

**High Intensity Treatment** This program includes aggressive, client-driven case management according to Washington State's guidelines.

**Employment Services** Our production shop offers mechanical assembly work for disabled individuals who are work-ready and who show aptitude and interest in production work. All workers earn at least minimum wage and receive vacation and sick leave benefits based on hours worked.

## Distribution of Program Funding

2006 Operating Budget: \$2,916,984



*Bridgeways offers a range of services that contribute to the recovery of adults with severe and persistent mental illness.*

# Thanks to Our Generous Supporters

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Catherine's Plus Sizes  
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