

bridgeways bulletin

News and notes for Bridgeways supporters



Our mission is to provide mental health services that promote quality-of-life for individuals who live with mental illness in a manner that facilitates growth, independence, and a sense of community.

New Program Preserves a Precious Resource

Indeed, a safe and affordable place to call home is a very precious resource. Research shows that between 40% and 60% of people experiencing homelessness are also living with mental illness.

It is imperative that people who currently have a home get the treatment and support they need to maintain stable housing while working toward mental health recovery. It is also critical that we help people living in poverty build a bridge from homelessness to housing.

Funding from the Snohomish County Department of Human Services has enabled Bridgeways to launch Community Housing Stability and Support (CHSS). This new program provides individualized treatment, housing supports and connections to other community resources, with the goal of preserving safe and affordable housing. CHSS also provides access to treatment, hand in hand with housing vouchers, which help break down financial barriers to housing.



The CHSS Team:
Misty Pehan, Anji Jorstad, Kimberly Harrington

CHSS leverages partnerships with housing providers and human services agencies throughout Snohomish County such as Housing Hope, YWCA and Volunteers of America to identify and reach out to individuals who are eligible for the program.

During the first few months of the program, we have already helped 36 people maintain housing stability, preserving this most precious resource. At full capacity, we anticipate CHSS will serve 160 people over the course of one year.

To learn more about this program, contact Anji Jorstad, Director of Housing Services, at 425-355-8668.



Be Our Guest!

We've scheduled public tours of our two Everett locations. See firsthand how Bridgeways clinical, housing and employment programs foster growth, independence, a sense of community and mental health recovery among those we serve.

The following dates and times are reserved for October and November:

October

Thursday, 10/7 at Clinic & Sparrow House, 9:00 to 10:00 am

Tuesday, 10/12 at Administration & Manufacturing, 9:00 to 10:00 am

Thursday, 10/21 at Administration & Manufacturing, 1:00 to 2:00 pm

Tuesday, 10/26 at Clinic & Sparrow House, 9:00 to 10:00 am

November

Thursday, 11/4 at Clinic & Sparrow House, 9:00 to 10:00 am

Tuesday, 11/9 at Administration & Manufacturing, 9:00 to 10:00 am

Thursday, 11/18 at Administration & Manufacturing, 1:00 to 2:00 pm

To RSVP for a tour, please contact Jeff Patterson
425-513-8213 x132 or jpatterson@bridgeways.org

Sponsor Spotlight

Providence Regional Medical Center, Everett

Bridgeways has served adults living with mental illness in Snohomish County since 1981. With three new programs launching this year, we'll serve over 600 people in 2010. Programs promoting recovery, stability and self-sufficiency include:

- Outpatient and intensive outpatient clinical services, including medication training and support
- Transitional housing and housing supports
- Supported Employment Program



Our work wouldn't be possible without the generous support of donors in our community. Providence Regional Medical Center is one community pillar that has been a repeat sponsor of Bridgeways.

It might surprise some to hear of one nonprofit institution giving to another. In the case of Providence Regional, providing support and encouragement to organizations that care for people in our community – not just their physical health but mental health as well – is vital to "living their mission." While providing over \$19 million in free care to patients in need in 2009, Providence also gives to the community in many other ways, including fundraising event sponsorships, medical supplies and child safety seats.

We appreciate all that Providence does for those in need, and we're thankful for their continued support. Learn more about Providence Regional Medical Center Everett at www.providence.org/everett.

Administration and Manufacturing

5801 23rd Dr.W., #104
Everett, WA 98203
Phone: 425-513-8213

Sparrow House and Clinical Services

8223 Broadway
Everett, WA 98203
Phone 425-355-8668

info@bridgeways.org www.bridgeways.org

Dr. Sheldon Kleine

- In Memory

Bridgeways Board Member from 2005 to 2010



A friend and mentor to many, Shelly was a gifted psychologist and teacher. He inspired and challenged those around him to think critically and act with compassion.

Serving on Bridgeways' Board of Directors since 2005, Shelly's leadership, vision and humor touched countless clients and staff alike.

Shelly provided an immense amount of program management expertise to our leadership team as well as support to our clinical team in times of change and loss.

Shelly's work on the Clinical Subcommittee helped usher in an exciting period of growth and improvement for Bridgeways' clinical services. Dr. Kleine's efforts and contributions have made a long-lasting impact on our programs, clients and staff. He will be greatly missed.

Bridgeways Awarded Community Impact Grant

We're pleased and proud to announce the United Way of Snohomish County has awarded Bridgeways a three-year Community Impact Grant in support of our Outpatient Mental Health Services.



Bridgeways will receive \$40,000 a year, for three years, running through June of 2013. The grant funds clinical services that help people living with mental illness get the treatment and supports they need to direct their own recovery and lead more independent, self-sufficient lives. Over 220 people will be served by this program in 2010, and we expect the numbers to climb each year.

Community Impact Grants are made possible primarily by individual gifts to the United Way's annual workplace giving campaign. Three-year grants are awarded to agencies throughout Snohomish County whose work best aligns with United Way's outcomes for successful kids, financially stable families and healthy communities – and that measure and demonstrate the effectiveness of their programs.

We're grateful to the army of United Way volunteers who made the grant review process possible. Forty-two volunteers gave more than 2,500 hours to read proposals, ask questions of grant applicants, and deliberate.

To learn more about United Way of Snohomish County, including how you can find help or volunteer, visit their website at uwsc.org.

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info@bridgeways.org **Fall 2010** www.bridgeways.org

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